LADOCK PE CURRICULUM Sept ’18 – July ’19 v1

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|  | AUTUMN 1 | AUTUMN 2 | SPRING 1 | SPRING 2 | SUMMER 1 | SUMMER 2 |
| CubyClass teacherEYFS | Multi-skills/Physical Literacy with equipment (Throwing/catching / rolling / dribbling – hands & feet)  | Multi-skills – Winter & Christmas*PoPE SOW* | Invasion Games - using a range of previously learnt skills & a range of sports*ARENA SOW –EYFS Games* | Dance*ARENA SOW – KS1 Dance* | Striking & fielding skills through Cricket/ Rounder’s type activities*ARENA SOW – KS1 S & F* | Sports Day Practice – Quad Kids & Athletic type events. |
| Cuby EYFSC.Denning / J.Danks | Physical Literacy (Run/Jump/Skip/Gallop/Hop/Dodge)Wednesday AM | DanceWednesday AM | Gymnastics*ARENA SOW – KS1 Gymnastics* | Multi-skills - (Throwing/catching / rolling / dribbling – hands & feet)  | Athletic skills through running, jumping & throwing | Net & Wall skills through Tennis/Badminton*ARENA SOW – KS1 Net & Wall* |
| KeyneClass teacherYear 1 / 2 | Swimming | Swimming | Athletic skills through running, jumping & throwing (*Sports hall Athletics / Quad Kids)* | Dance*ARENA SOW – KS1 Dance* | Invasion Games - using a range of previously learnt skills & a range of sports*ARENA SOW –KS1 Games*  | Striking & fielding skills through Cricket/ Rounder’s type activities*ARENA SOW – KS1 S & F* |
| KeyneClass teacherYears 1 / 2Beth / J.Danks | Physical Literacy (Run/Jump/Skip/Gallop/Hop/Dodge)Thursday AM | DanceThursday AM | Gymnastics*ARENA SOW – KS1 Gymnastics* | Multi-skills - (Throwing/catching / rolling / dribbling – hands & feet)  | Athletic skills through running, jumping & throwing | Net & Wall skills through Tennis/Badminton*ARENA SOW – KS1 Net & Wall* |
| LadocaClass teacher Years 3 / 4 | Swimming | Swimming | HRF*(PoPE SOW)* | Striking & Fielding Skills – Rounders/Cricket | Invasion Games – Football / Hockey | Net & Wall Skills – Tennis/ Badminton |
| LadocaYears 3 / 4A.Cornish / J.Danks | Invasion Games – Netball / Basketball / Tag RugbyThursday AM | DanceThursday AM | Gymnastics | OAA – Team Building & Orienteering | Athletics Skills /Quad Kids | Striking & Fielding – Cricket |
| BlaiseClass teacherYears 5 / 6 | Multi-skills/Training Types*(PoPE SOW)* | Invasion Games – Football / Hockey | Swimming | Striking & Fielding Skills – Cricket / Rounders | HRF*(PoPE SOW)* | Net & Wall Skills – Tennis/ Badminton |
| BlaiseClass teacherYears 5 / 6C. Stoyles / J.Danks | Invasion Games – Netball / Basketball / Tag RugbyWednesday AM | DanceWednesday AM | Gymnastics | OAA – Team Building / Orienteering | Athletics Skills /Quad Kids | Striking & Fielding – Cricket / Rounders |

 This document maps out the PE units that are taught throughout the year, although the order of activities may at times change due to facilities and availability, for example, PE FOR Keyne & Ladoca will be on a Thursday AMfor the Autumn Term but will move to a Wednesday after Christmas for the rest of the year.