LADOCK PE CURRICULUM Sept ’18 – July ’19 v1

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|  | AUTUMN 1 | AUTUMN 2 | SPRING 1 | SPRING 2 | SUMMER 1 | SUMMER 2 |
| Cuby  Class teacher  EYFS | Multi-skills/Physical Literacy with equipment  (Throwing/catching / rolling / dribbling – hands & feet) | Multi-skills – Winter & Christmas  *PoPE SOW* | Invasion Games - using a range of previously learnt skills & a range of sports  *ARENA SOW –EYFS Games* | Dance  *ARENA SOW – KS1 Dance* | Striking & fielding skills through Cricket/ Rounder’s type activities  *ARENA SOW – KS1 S & F* | Sports Day Practice – Quad Kids & Athletic type events. |
| Cuby  EYFS  C.Denning / J.Danks | Physical Literacy (Run/Jump/Skip/Gallop/Hop/Dodge)  Wednesday AM | Dance  Wednesday AM | Gymnastics  *ARENA SOW – KS1 Gymnastics* | Multi-skills -  (Throwing/catching / rolling / dribbling – hands & feet) | Athletic skills through running, jumping & throwing | Net & Wall skills through Tennis/Badminton  *ARENA SOW – KS1 Net & Wall* |
| Keyne  Class teacher  Year 1 / 2 | Swimming | Swimming | Athletic skills through running, jumping & throwing (*Sports hall Athletics / Quad Kids)* | Dance  *ARENA SOW – KS1 Dance* | Invasion Games - using a range of previously learnt skills & a range of sports  *ARENA SOW –KS1 Games* | Striking & fielding skills through Cricket/ Rounder’s type activities  *ARENA SOW – KS1 S & F* |
| Keyne  Class teacher  Years 1 / 2  Beth / J.Danks | Physical Literacy (Run/Jump/Skip/Gallop/Hop/Dodge)  Thursday AM | Dance  Thursday AM | Gymnastics  *ARENA SOW – KS1 Gymnastics* | Multi-skills -  (Throwing/catching / rolling / dribbling – hands & feet) | Athletic skills through running, jumping & throwing | Net & Wall skills through Tennis/Badminton  *ARENA SOW – KS1 Net & Wall* |
| Ladoca  Class teacher  Years 3 / 4 | Swimming | Swimming | HRF  *(PoPE SOW)* | Striking & Fielding Skills – Rounders/Cricket | Invasion Games – Football / Hockey | Net & Wall Skills –  Tennis/ Badminton |
| Ladoca  Years 3 / 4  A.Cornish / J.Danks | Invasion Games – Netball / Basketball / Tag Rugby  Thursday AM | Dance  Thursday AM | Gymnastics | OAA – Team Building & Orienteering | Athletics Skills /Quad Kids | Striking & Fielding – Cricket |
| Blaise  Class teacher  Years 5 / 6 | Multi-skills/Training Types  *(PoPE SOW)* | Invasion Games – Football / Hockey | Swimming | Striking & Fielding Skills – Cricket / Rounders | HRF  *(PoPE SOW)* | Net & Wall Skills –  Tennis/ Badminton |
| Blaise  Class teacher  Years 5 / 6  C. Stoyles / J.Danks | Invasion Games – Netball / Basketball / Tag Rugby  Wednesday AM | Dance  Wednesday AM | Gymnastics | OAA – Team Building / Orienteering | Athletics Skills /Quad Kids | Striking & Fielding – Cricket / Rounders |

This document maps out the PE units that are taught throughout the year, although the order of activities may at times change due to facilities and availability, for example, PE FOR Keyne & Ladoca will be on a Thursday AMfor the Autumn Term but will move to a Wednesday after Christmas for the rest of the year.