## LADOCK CHURCH OF ENGLAND SCHOOL

Celtic Cross Education, Ladock School, Ladock, Truro, Cornwall, TR2 4PL



Tel/Fax: 01726 882622 Email: ladock.secretary@celticcross.education Website: www.ladock.cornwall.sch.uk Issue 10- 2nd July 2021

## A Note from Mr Stoyles

The first of our school residentials took place this week for the children in Keyne class and it was a great success. The children thoroughly enjoyed their evening stay and although many stayed up past their usual bedtime, we hope that it's an experience they will remember for many years.



First, the classroom was transformed into a 'sleeping zone' and the children took part in games and activities on the school field.

Next, it was dinner time. The children enjoyed pizza, smiley faces and vanilla cake in Ladoca classroom.

Then, the children had roasted marshmallows and a cup of hot chocolate before watching the film



'Up' and settling into their sleeping bags for the night. The next day the children had their breakfast and took part in games with Mr Webb shortly followed by a water battle. I'm sure they will all catch up on lost sleep over the weekend! A special thank you goes to Miss Harris, Miss Morcom, Miss Burley and Mr Webb for giving their time and energy to make the event successful.



## Swimming Lessons

Who? - Ladoca class and children in Blaise class previously contacted.

When? - Next week, Mon—Fri (9:00am-12:00pm), please arrive at your normal drop off time.

What to wear? - Swimming costume underneath PE kit (Mon-Fri).

What to bring? - towel, swimming hat (if you have one), underpants and snack (not essential).

## <u>Q&A</u>

My child is staying overnight for the Ladoca residential on Thursday night, will their swimming costume not be wet?

Swimming costumes will be hung out to dry on Thursday afternoon ready for Friday morning. You may wish for your child to bring an additional swimming costume.

My child is not staying overnight for the Ladoca residential on Thursday night, should they wear their 'own clothes' or PE kit to school on Friday?

Please wear PE kit to school and bring a change of clothes for the activities in the afternoon.

## Sports Days

Monday 5th July—Cuby Sports Morning AM

Monday 5th July—Keyne Sports Afternoon PM

Tuesday 6th July—Blaise Sports Morning AM

Tuesday 6th July-Ladoca Sports Afternoon PM

### Children should wear their PE kit to school on these days.

We will take and share pictures/videos of the event through ClassDojo and the school newsletter.

## Ladoca Residential—Thursday 8th July—Friday 9th July

We look forward to welcoming Ladoca class for their residential next Thursday where they will be camping overnight on our school field. Please complete, if you haven't already, the attached link in our residential letter and browse through our frequently asked questions document. If you have any further questions, please do not hesitate to contact the school. We will post live updates via Class Dojo to keep you informed during the residential.

Residential Letter—Click Here

Frequently Asked Questions—Click Here



## Ladock School Vision & Values

Loving, learning, achieving together Forgiveness, Trust, Compassion, Perseverance, Respect & Truth. On Thursday, the children took part in our annual transition morning. Year groups were split to maintain our class bubbles. Children took part in activities on the school field and they also had time to visit their new classrooms.

We are delighted to welcome Miss Rideout to our staff team at Ladock. Miss Rideout has recently moved to Cornwall and will be based in Blaise classroom working on a 1-to-1 basis for a child.



I'm sure you will have seen in the news thoughts around altering the system of controls schools are currently using when responding to positive

covid-19 tests. At the time of writing of this, there are around 375,000 children off school and it seems now, more so than ever, to be impacting schools in Cornwall. Should we have to close a class bubble/the school, we will notify you via text, Class Dojo and email as soon as possible.



#### Parent Forum

This terms parent forum will run virtually, via Zoom, on Tuesday 6th July @ 4:30pm hosted by Mr Stoyles and Mrs Denning. Come and celebrate the schools achievements alongside a Q&A section. An invite link will be sent through ClassDojo on Monday.

## Ladock School Vision & Values

Loving, learning, achieving together Forgiveness, Trust, Compassion, Perseverance, Respect & Truth.

### Leavers Hoodies



The children love them!

## Non School Uniform Day—Wednesday 30th June

Keyne class have organised an RSPCA class workshop on Tuesday 13th July at 1:45pm. This workshop will be delivered outside on the field.

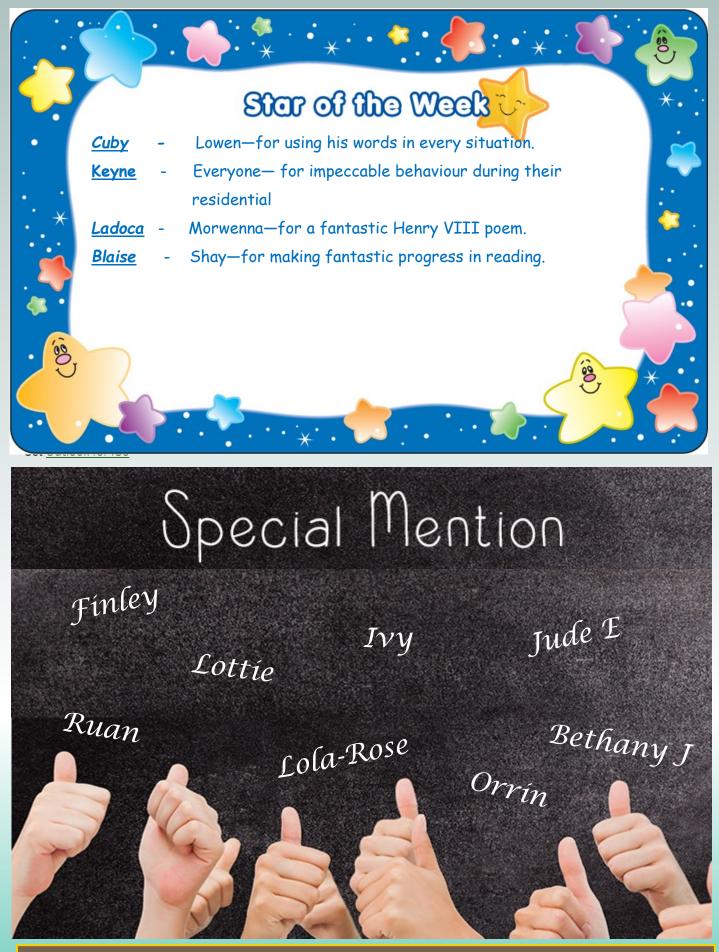
Thankyou very much for the donations for our non school uniform day on Weds 30th in aid of the RSPCA.

We have raised an amazing £85.00



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Ladock School Vision & Values Loving, learning, achieving together Forgiveness, Trust, Compassion, Perseverance, Respect & Truth.



## Summer Holiday Clubs & Weekend Clubs...

Mr Webb:

"Hello to all parents and children! I am excited to announce that this summer I will be launching my organisation 'One & All Sports' and will be running 5 Holiday Clubs & 6 morning Football Fun Clubs. The clubs will be for children of all ages and abilities. My goal is to ensure that everyone can get involved and have the opportunity to try lots of different sports activities and games throughout the summer. I will be leading all the activities myself with the help of other confident coaches/staff members. I aim to create a fun and safe environment where children can learn new skills and make new friends in the local community! I hope to see you soon!"

#### What you need to know...

We provide all our information about the organisation, clubs, number of spaces available etc on our Website & Instagram page!

#### Active Holiday Clubs:

- Ages 8-11 years
- Wednesdays, 8:30am- 4:30pm
- £25 a session
- Grampound with Creed Village Hall
- Maximum of 20 children

#### Weekend Club (Football Fun!):

- Ages 4-7 years
- Saturdays, 9:00am- 10:30am
- £4 a session
- Tresillian Playing Field
- Maximum of 20 children

#### **Booking & Payment:**

- You will need to book your place on our website but make sure your child fits that age bracket.
- We are currently only taking cash and cheques payments so you will need to pay on the day.

#### Contact Details:

- Lead Coach Rory Webb
- Email Address rorywebb@oneandallsports.com
- Instagram <u>oneandallsports</u>.
- Website <u>www.oneandallsports.com</u> (up and running from June 29<sup>th</sup>)



#### Schools covered by Sara:

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Grampound Road Village CE Primary School

Ladock C of E School

Veryan CE Primary School Grampound with Creed C of E School

The Roseland Academy

#### Schools covered by Lyn:

Gerrans School Gorran School Probus Primary School St Mawes Primary School Tregony Primary School The Roseland Academy

Wherever you live on the Roseland, Parent Support Advisors are here to help provide a seamless link between home and school that promotes a positive attitude towards education.



#### What we do:

- Encouraging positive links between parent/carer and school.
- Help parent/carer feel confident to engage with their child's learning.
- Assist and support around transition stages.
- Help with issues around attendance.
- Signposting to other agencies.
- Enable participation in the Common Assessment Framework (CAF).
- Deliver evidence-based parenting programmes.





Telephone: 0737 555 9729 or email: sschofield@theroseland.co.uk



Lyn Bell Telephone: 0737 555 9724 or email: Ibell@theroseland.co.uk

#### We do this by:

- Targeted individual pupil support.
- Working to an action plan with a family on identified needs.
- Parenting groups, various ages and needs.
- Meetings which can take place within school, at home or in a neutral venue.
- Initiate and support families with the CAF process.
- Linking with primary schools to identify and give additional support to some pupils during the transition. process.



## Parent Support Advisor

Parenting is not an easy job, and at times things can get tough.

Parent Support Advisers are here to help provide a seamless link between home and school that promotes a positive attitude towards education.



#### Our approach:

- Flexible, approachable and creative.
- Open and transparent, working with other agencies where appropriate.
- Home visits/overcoming rural isolation.
- Inclusive of fathers/partners, grandparents and within split families.
- One off support for parents/carers after cases have closed.
- Completely free!
- Absolutely confidential, within safeguarding procedures.

## READING

You know that learning to love books and reading is one of the most important gifts you can give your children. Here are some top tips to help you and your child get the most out of sharing books and develop their love of reading.



#### 1. Be a reading role model.

Make sure you read yourself and that your child sees you reading. It doesn't need to be a novel and it might not be a book BUT you need to talk about what you have read with your child.

#### 2. Reading with or to your child every day

Spending 10 minutes a day reading to your child helps them develop social and emotional skills and become confident, happy learners. Little and often is more effective than a half an hour splurge.

#### 3. Read from technology TOGETHER

Evidence has shown that reading from a tablet, laptop, mobile phone etc can be beneficial in engaging children in reading (particularly boys) BUT they need to do it alongside an adult. Using a device to find out information about something in their interest, to watch videos with the subtitles on or to read ebooks is effective when it is linked to other things your child is learning, and when it is balanced with other learning activities.



#### 4. Have a family bookshelf

Keep all your books together and allow your child to organise the books in their own way, e.g. books from most favourite to least favourite, to group them based on author or what they are about. Keeping books together allows children to see that books and reading are important.

#### 5.Ask and answer questions about what you are reading about

Reading words is important but talking about what they are reading and the pictures helps them look for meaning from what is on the page. Here are some questions to ask when reading together.

- What do you see on this page?
- How do you think the characters feel?
- What do you think is going to happen next?
- When you have finished, talk about how your child feels about the book:
- What did they like?
- What didn't they like?
- What can they remember about what happened?
- Who was their favourite character? Why?
- Link the story to their own experiences.

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one app of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.



Most videos appearing on a child's feed are light -hearted and amusing. However, some clips have been reported for featuring drug and alcohol abuse, themes of suicide and self-harm, or young teens acting in a sexually suggestive way. The sheer volume of uploads is impossible to moderate entirely - so it is possible for a child to be exposed to explicit and age-inappropriate content.

#### HAZARDOUS VISIBILITY

Connecting with others is simple on Tik Tok-including commenting on and reacting to users' videos, following their profile and downloading their content. The majority of these interactions are harmless, but - because of its abundance of teen users - TikTok has experienced problems with predators contacting young people.

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Online Safety #WakeUpWednesday TikTok primarily revolves around videos of users lip-syncing and dancing to music. Inevitably, some featured songs will contain explicit or suggestive lyrics. Given the app's young user-base, there is a risk that children may view older users' videos and want to imitate any explicit language or suggestive actions X!#8 suggestive actions.

#### **ADDICTIVE NATURE**

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Like all social media, TikTok is designed to be addictive. It can be hugely entertaining – but that also makes it hard to put down. As well as the punchy nature of the short video format, the app's ability to keep you intrigued about what's coming next mean it's easy for a 5-minute visit to turn into a 45-minute stay.

The app has created its own celebrities: Charl D'Amelio and Lil Nas X, for example, were catapulted to fame by exposure on TikTok – leading to many more teens attempting to go viral and become "TikTok famous". While most aspiring stars hoping to be "the next big thing will find it difficult, setbacks may in turn promot them to go to even prore in turn prompt them to go to even more drastic lengths to get noticed.



#### IN-APP PURCHASES

There's an in-app option to purchase 'TikTok coins', which are then converted into digital rewards for sending to content creators that a user likes. Prices range from 99p to an eye-watering £99 bundle. Buying coins is now restricted to over-18s – but TikTok doesn't require users to verify their age on sign up, so a young person could easily access this feature if they were determined to.

## Advice

#### TALK ABOUT ONLINE CONTENT

Assuming your child is above TikTok's age limit, talk to them about what they've viewed on the app. Ask their opinion on what's appropriate and what isn't Explain why they shouldn't give out personal details or upload videos which reveal information like their school or home address. In the long run, teaching them to think critically about what they see on TikTok could help them to become social-media anyve.



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#### **ENABLE FAMILY SAFETY MODE**

Family Safety Mode' lets parents and carers link their own TikTok account to their child's Through your mobile, you can control your child's safety settings remotely — including limiting screen time, managing their ability to exchange messages (and with whom) and blocking allot of age-inappropriate content. Tiktok refreshed its Safety Cantre in May 2021, providing new resources for parents and carers to support online safety among families. These resources can be found on their website.

#### Meet our expert

Parven Kaur is a social media expert and digital media consultant is a social media experiand digital media consultant who is passionate about improving digital literacy for parents and children. She has extensive experience in the social media arena and is the founder of Kids N Clicks: a web resource that helps parents and children thrive in a digital world.

SOURCES: www.tiktok.com

www.nationalonlinesafety.com

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/NationalOnlineSafety

O @nationalonlinesafety

## MAINTAIN PRIVACY SETTINGS

In early 2021, TikTok changed the default setting for all under 16s' accounts to 'private'. Keeping it that way is the safeet solution: it means only users who your child approves can watch their videos. The 'Stitch' (which lets users splice clips from other people's videos into their own) and 'Duet' (where you build on another user's content by recording your own video alongside their original) features are now only available to over 16s. This might clash with your child's ambitions of social media stardom, but it will fortify their account against predators.

#### USE RESTRICTED MODE

In the app's 'Digital Wellbeing' section, you can filter out inappropriate content (specific content creators or hashtags, for instance) using 'Restricted Mode'. This can then be locked with a PIN. You should note, though, that the algorithm moderating content isn't totally dependable – so it's wise to stay aware of what your child is watching.

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#### LEARN ABOUT REPORTING AND BLOCKING

With the correct privacy settings applied, TikTok is a relatively safe space. However, in case something does slip through, make sure your child knows how to recognise and report in appropriate content and get them to come to you about anything upsetting that they've seen. TikTok allows users to report anyone breaching its guidelines, while you can also block individual users through their profile.

#### MODERATE SCREEN TIME

As entertaining as TikTak is, you can help your child to manage their time on it in the 'Digital Wellbeing' section. Under 'Screen Time Management', you can limit the dally permitted time on the app (in increments ranging from 40 minutes to two hours). This preference can also be locked behind a PIN. That way, your child can get their regular dose of TikTak without wasting the whale day.



#### Violin and Piano Lessons at Ladock Primary School

In September, I will be able to start some new beginner ViOlin players together with some new pianists. It would be wonderful to encourage as many children as possible to learn an instrument at the school and I sincerely hope that your child would be able to learn with me from September. It is important to register your interest **NOW** to ensure I have enough places for as many children who would like to learn.

Lessons would take place during the school day on a weekly basis and there would be 34 lessons a year.

Fees would be payable at the beginning of each term, directly to Cornwall Music Service Trust. The cost for tuition would depend on the group size and lesson duration.

- A group of 4 (30mins) £5.25 per lesson
- A group of 3 (30 mins) £7.00 per lesson
- A group of 2 (20mins) £7.00 per lesson

A group of 2 (30 minutes) £10.50 per lesson

An individual lesson (20 minutes) £14.20

Children having free school meals qualify for free music lessons.

Children from families on <u>income support</u>, may qualify for subsidised music lessons. Any child on Pupil Premium may be able to receive subsidy from the school. Parents would need to discuss this with the Head-teacher.

In order that we can get your child's music journey under way please go to

http://cornwallmusicservicetrust.org/signup/

If you would like to have a chat with me about violin or piano lessons, please either email me at <u>ifindlay@cornwallmusicservicetrust.org</u> as soon as possible or phone me on 07938578336.

Yours faithfully, Jeanette Findlay String Teacher Cornwall Music Service Trust

## **Dates for your Diary**

	Mon 5 Jul	Cuby Sports Day AM
	Mon 5 Jul	Keyne Sports Day PM
	Tues 6 Jul	Blaise Sports Day AM
	Tues 6 Jul	Ladoca Sports Day PM
	5-9th Jul	Ladoca class intensive swimming week
	Thur 8 Jul	Ladoca overnight camping—school field
	Fri 9 Jul	Ladoca Activities Day
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- Mon 12 July **Cuby Activities Day** Thur 15 Jul **Brannel School July Fest—cancelled** Thur 15 Jul Blaise overnight camping—school field Fri 16 Jul **Blaise Activities Day**
- Fri 23 Jul Last day of summer term

#### **INSET Days**

2021-22 Monday 6<sup>th</sup> September 2021 Tuesday 7<sup>th</sup> September 2021 Monday 1<sup>st</sup> November 2021 Monday 25<sup>th</sup> July 2022 Tuesday 26<sup>th</sup> July 2022

Weekly Attendance for week ending 25th June 2021 - 98.95%

St Cuby 100% St Keyne 99.65%

St Ladoca 98.74%

St Blaise 97.42%

Click here

to find Cornwall Council term dates and holidays.

Summer term PE Days

Cuby-Tues & Fri

Keyne-Tues & Fri

Ladoca-Tues & Fri

Blaise—Tues & Fri

The Government advises that attendance should not fall below 96%





# 'Have a Go Days'

A FREE and friendly activity for children with additional needs or disability and their siblings or friends, aged 6-17

Bodmin Leisure Centre Lostwithiel Road, Bodmin, PL31 1DE

Tues 3 August 10am-12pm Tues 10 August 10am-12pm Tues 17 August 10am-12pm Cornwall College, Trevenson Road, Pool, TR15 3RD (Astro)

Tues 27 July	2-4pm
Tues 3 August	2-4pm
<b>Tues 10 August</b>	2-4pm
Tues 17 August	2-4pm
Tues 24 August	2-4pm



Booking is essential. For more information and to book contact Katie on 01736 751924 or email katie@disabilitycornwall.org.uk. Find us on Facebook by searching "Have a Go Days Cornwall".





## Carrick Spring Term Online Virtual Parenting Programs April - July 2021

#### Being Passionate About Parenting 5 11 yrs

 A 3 week workshop for Parents / Carers of young people aged 5 to 11 years (primary up to year 6). It is an introduction to some top tips and strategies and incorporates golden threads from our other Parenting programs. It is an introduction to positive behaviour management that often gives those who attend confidence to engage with other support on offer.

 1.00-2.30pm
 27<sup>th</sup> April
 4<sup>th</sup> May
 11<sup>th</sup> May
 online

 Tuesday
 9.30 -12.30
 7<sup>th</sup> July
 14<sup>th</sup> July
 Falmouth

#### Being Passionate About Parenting Early Years 1-3 yrs (3 weeks)

A 3 week workshop for Parents / Carers of children aged 1 to 3 years (pre reception). It is an introduction to strategies and incorporates golden threads from our other Parenting programs. The aims include: - To build relationships with our toddlers. To develop top tips for positive behavior management. To give support and confidence to Parents/ Carers Topics in this workshop include: - child led play, special time, praise, limited choices use of language, routines etc

Wednesday	10.00-11.30	12th May	19th May	26 <sup>th</sup> May	online
Tuesday	10.00-11.30	29 <sup>th</sup> June	6 <sup>th</sup> July	13 <sup>th</sup> July	online

#### Being Passionate About Parenting with ADHD 5-11 yrs

A 3 week workshop for Parents / Carers of young people aged 5 to 11 years (primary up to year 6). It is an introduction to some top tips and strategies and incorporates golden threads from our other Parenting programs. It is an introduction to positive behaviour management that often gives those who attend confidence to engage with other support on offer. The ADHD element of the workshop includes: - Fact and Fiction about ADHD, definition of ADHD and possible areas that may be a challenge, the use of language and effective communication, seeing behaviours from your young person's perspective and

Monday	6.30 -	10 <sup>th</sup> May	17 <sup>th</sup> May	24 <sup>th</sup> May	online
Friday	10.00-	11 <sup>th</sup> June	18 <sup>th</sup> June	25 <sup>th</sup> June	online

#### Being Passionate About Parenting with Spectrum Awareness 5-11yrs

A 3 week workshop for Parents / Carers of young people aged 5 to 11 years (primary up to year 6). It is an introduction to some top tips and strategies and incorporates golden threads from our other Parenting programs. It is an introduction to positive behaviour management that often gives those who attend confidence to engage with other support on offer. The elements which are about the Spectrum includes:- Fact and Fiction about the Spectrum, looking at definitions/challenges and strategies to support your young person, sensory challenges, basic social scripts to support situations that may be difficult to understand, the use of language to support positive communication, and to understand behaviours from your young person's point of view.

Wednes-	1.00-2.30pm	21 <sup>st</sup> April	28 <sup>th</sup> April	5 <sup>th</sup> May	online
Monday	6.30 -8.30pm	7 <sup>th</sup> June	14 <sup>th</sup> June	21 <sup>st</sup> June	online

Take 3 12-17 yrs 5 week programme							
A 10 hours workshop parents and carers of teenagers. Whether you have current worries about your teenager or would just like to understand your child better, this programme will have something for you. How to encourage, motivate and support young people. Helping parents look after themselves. How to negotiate boundaries that work							
Monday	9.30- 11.3	0 7 <sup>th</sup> June	14 <sup>th</sup> June	21 <sup>st</sup> June	28 <sup>th</sup> June	5 <sup>th</sup> July	
	Incredible Years 6-11 (12 weeks)						
12 week course - 2 hourly sessions. Promotion of child social competence, emotional regulation, positive attributions, academic readiness and problem solving. Improved parent/child interactions, building positive parent/child relation-ships and attachment, improved parental functioning, less harsh and more nurturing parenting, and increased parental							
	starts			er	nds		
	9.30-11.30	22 <sup>nd</sup> April	No se	ssion half	15 <sup>th</sup> July		

### How to book

term week

Please contact the Early help <u>Early Help Hub request for help form - Cornwall Council</u> if you would like to attend any of the above courses.

#### www.cornwall.gov.uk//health-and -social-care/childrens-services/early-help-hubrequest-for-help-form/

or call 01872 322277 where a member of the Early Help Team will be able to help.

#### School Uniform Information reminder

- Dark grey tailored shorts or trousers for boys and girls
- Or dark grey skirts or pinafores for girls
- White polo shirts with or without the school logo
- Red sweatshirts WITH the school logo (no fleeces or hoodies)
- Or red cardigans **WITH** the school logo for girls
- Tights for girls must be red or grey
- Grey or white socks must be worn with shorts/skirts/dresses
- Girls may wear red and white checked summer dresses
- Closed toe, black shoes must be worn (NO TRAINERS)
- PE uniform Plain black shorts/jogging bottoms, plimsolls/trainers, round necked red t-shirt with school logo

#### Uniform Ordering from My Clothing

- 1. Go to www.myclothing.com
- 2. Select your school uniform from the list and you'll see all the customised items you can buy.
- 3. Choose the quantity and sizes you'd like, then add them to your basket.
- 4. Pay easily with a debit or credit at the checkout.
- 5. Your embroidered items will be delivered within 14 days.

If you do not have access to the internet, please speak to Jane in the office.

Please find below the support organisations available on the county website: <u>https://www.supportincornwall.org.uk/kb5/cornwall/directory/results.page</u>? adultchannel=5-1

The following web-site is very helpful, you can put in your details and it tells you about any advice/support services in your area based on your circumstances.



Supporting young people, and their families, with positive mental health.

We recognise that this time of national lockdown may be difficult for children and young people. How a child or young person reacts to being away from school, and their normal routine, may vary according to their age, understanding, their previous experience of lockdown and how they typically cope with stress. Addressing the mental health of your child, and those in your family, can be supported with some of the following resources:

• Public Health England have produced the following set of guidance for parents and carers:

https://www.gov.uk/government/publications/covid-19-guidance-onsupporting-children-and-young-peoples-mental-health-and-wellbeing

• Every Mind Matters: A website that explores expert advice and practical tips to help you look after your mental health and wellbeing: https://www.nhs.uk/oneyou/every-mind-matters/

May we remind you that, if you have concerns about your child's wellbeing, or the wellbeing or safeguarding of another pupil, please contact the school immediately on 01726 882622 to speak to our Designated Safeguarding Leads – Mr Stoyles, Mrs Tringham or Mrs Milling.