LADOCK PE CURRICULUM September 20 – July 2021

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|  | AUTUMN 1 | AUTUMN 2 | SPRING 1 | SPRING 2 | SUMMER 1 | SUMMER 2 |
| Cuby EYFS  Class teacher | Multi-skills/Physical Literacy with equipment  (Throwing/catching / rolling / dribbling – hands & feet) | Multi-skills – Winter & Christmas  *PoPE SOW* | Lockdown activities and Yoga | Tennis | Striking & fielding skills through Cricket/ Rounder’s type activities  *ARENA SOW – KS1 S & F* | Sports Day Practice – Quad Kids & Athletic type events. |
| Cuby EYFS  Mr Webb | Physical Literacy (Run/Jump/Skip/Gallop/Hop/Dodge) | Dance | Lockdown activities and Yoga | Multi-skills -  (Throwing/catching / rolling / dribbling – hands & feet) | Athletic skills through running, jumping & throwing | Net & Wall skills through Tennis/Badminton  *ARENA SOW – KS1 Net & Wall* |
| Keyne Year 1 / 2  Class teacher | Swimming | Rugby  Cornish Pirates | Lockdown activities and Yoga | Dance  *ARENA SOW – KS1 Dance* | Striking & fielding skills through Cricket/ Rounder’s type activities | Net & Wall Skills –  Tennis/ Badminton |
| Keyne Years 1 / 2  Mr Webb | Physical Literacy (Run/Jump/Skip/Gallop/Hop/Dodge) | Rugby  Cornish Pirates | Lockdown activities and Yoga | Multi-skills -  (Throwing/catching / rolling / dribbling – hands & feet) | Athletic skills through running, jumping & throwing | Athletic skills through running, jumping & throwing |
| Ladoca Years 3 / 4  Class teacher | Invasion Games – Football / Hockey | Rugby  Cornish Pirates | Lockdown activities and Yoga | Striking & Fielding Skills – Rounders/Cricket | Net & Wall Skills –  Tennis/ Badminton | Swimming |
| Ladoca Years 3 / 4  Mr Webb | Invasion Games – Netball / Basketball / Tag Rugby | Invasion Games – Football / Hockey | Lockdown activities and Yoga | Invasion Games – Football / Hockey | Athletics Skills /Quad Kids | Athletics Skills /Quad Kids |
| Blaise Years 5 / 6  Class teacher | Multi-skills/Training Types  *(PoPE SOW)* | Rugby  Cornish Pirates | Lockdown activities and Yoga | Striking & Fielding Skills – Cricket / Rounders | Net & Wall Skills –  Tennis/ Badminton | Net & Wall Skills –  Tennis/ Badminton |
| Blaise Years 5 / 6  Mr Webb | Invasion Games – Netball / Basketball / Tag Rugby | Invasion Games – Football / Hockey | Lockdown activities and Yoga | Invasion Games – Football / Hockey | Athletics Skills /Quad Kids | Athletics Skills /Quad Kids |

This document maps out the PE units that are taught throughout the year, although the order of activities may at times change due to facilities and availability.