

LADOCK CHURCH OF ENGLAND SCHOOL

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Issue 7 – 26th February 2021



A Note from Mr Stoyles

We are thrilled with the news that all children will return to school on the 8th March 2021. Alongside all the exciting plans we have in motion, the first phase of making this transition a success is operationally, when considering our pupil numbers in comparison to available space when in bubbles. Our 'back to school' guide is now complete and has been sent to our staff for analysis. Following this, it will be sent with an updated risk assessment to the team at Celtic Cross Education before being sent to all parents. Proposed changes are minimal based on the success of the previous full return of children.

Most importantly, the emotional well-being of children will be a priority on returning to school. We are looking at achieving this in a variety of different ways. One of which, is through sports and extra curricular activities. We look forward to offering a range of 'bubbled clubs' throughout the academic year aiming to promote physical and mental health outdoors. PSHE will also be prioritised in giving children an opportunity to reflect and learn in leading healthy and independent lives.

As our staff and families prepare for this full return, our remote learning offer for next week will be condensed with themed activities around World Book Day alongside collective worships, story times and PE challenges posted separately through the 'class story.'

I hope that you get a chance to enjoy the weekend sunshine.

[Click Here for information around the No One Goes Hungry Project](#)

[Click here for Remote Education Top Tips for Parents](#)

Ladock School **Vision** & Values

Loving, learning, achieving together

Forgiveness, Trust, Compassion, Perseverance, Respect & Truth.



ClassDojo

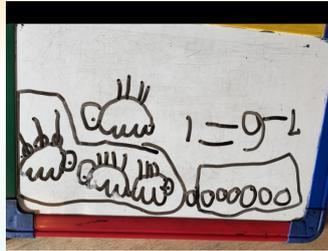


Learning some cooking skills



That looks a tricky move!

C
U
B
Y



Super subtraction using sheep!



Great Star challenge to make your bed and tidy your teddies!



You look like the queen of this reading den!



'Out and about' lesson.

K
E
Y
N
E



Excellent practical maths, making a tally of crisp flavours.



Looking very majestic ready for lunch!



Making the most of the weather, writing a weather diary outside!



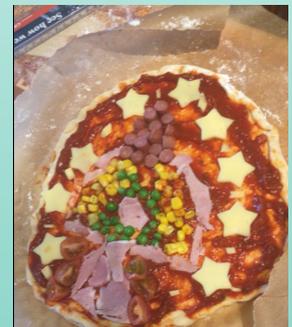
What an artistic water colour picture of Cumulus clouds.

L
A
D
O
C
A

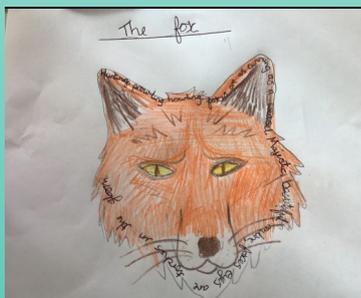


Now this is a very creative reading space!

Rocket Pizza, I love the star shaped cheese.



PE dog walk fun!

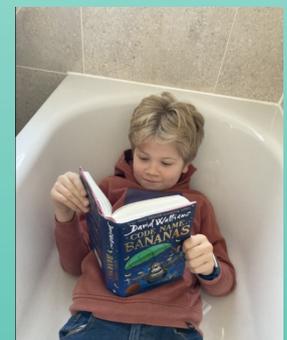


Amazing fox shaped poem

B
L
A
I
S
E



I hope the pony enjoyed this story?



Bathtub reading!

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World Book Day

Thursday 4th March 2021

WORLD
**BOOK
DAY**

We will be celebrating World Book Day both in school and at home next Thursday. If you are at home, there will be activities posted through Class Dojo and, if you would like to send us a picture dressed up as a book character, it would be great to see. If you are in school, and are able to dress up as a book character, we would love to see your costumes. We recognise at this time it may be difficult to arrange this. If so, please come to school in comfortable clothing (you may wish to wear your pyjamas) and bring along your favourite book to celebrate this occasion.

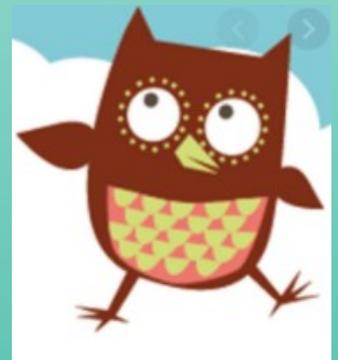


[Click Here](#)

Primarily aimed for children in KS1, this website is well suited to help your child with their reading. The program begins by assessing your child's reading ability, provides fun and interactive tasks as well as offers over 2500 e-books in their online library. It is currently offering a free trial and credit/debit card information is not required on signup. Please see individual terms and conditions on the website.

The Oxford Owl is a website with a large free e-book library.

[Click Here](#)



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avakin life

What Parents & Carers Need to Know About

AVAKIN LIFE

12+
App Store
Rating

Described as a place where teens and adults can make new friends, Avakin Life is a mobile game that has more than 1.4 million daily users. The game lets players create a virtual avatar (an 'Avakin'), style it in fashionable outfits, buy and decorate properties, and interact with others in communal spaces. It's this social aspect which has caused safety concerns, with many parents and carers unsure if the game is suitable for teenagers at all.

Age Rating

Listed as 12+ on the iOS store (and 'Teen' on Google Play), Avakin Life asks for a player's age at the start – but doesn't ask them to verify it. The game states that players found to be a different age to the one entered will be banned, but all that's needed to create an account is an email address, which anyone can set up. This has led to cases of adults entering the game under a false identity to groom children.

Adult Themes

Avakin Life is full of suggestive and adult themes. While the game itself leans into ideas of gambling (users are encouraged to spin a prize wheel for free coins each day) and customising avatars with revealing outfits and seductive dance moves, the primary risks stem from other users. The in-game chat can often move onto sexual topics, while depression, suicide, and disabilities are discussed openly.

Potential Addiction

MMO (massively multiplayer online) games like this have often raised worries over their addictive gameplay. Avakin Life employs lots of techniques to prolong its appeal. Glamorous in-game rewards for playing, unlocking exotic new items and levelling up can all give a feeling of accomplishment that can quickly become consuming – especially for those who aren't aware of the signs.

Chat Function

'Social spots', where 'Avakins' gather, feature a live chat which displays messages publicly. Anything users in that vicinity say appears on everyone's screen. Profanity is started out – but users can still post hurtful or sexual messages, or harass other players. When two players become 'friends' in the game, they can then chat privately. If personal details are shared and conversation moves away from the game, that represents a clear risk.

In-Game Spending

Although free to download and play, Avakin Life has two in-game currencies: Avacoins and Gems. Users are gifted small amounts of these as they play – but are also encouraged to buy larger quantities of these fictional currencies with real money (with the incentive that it allows access to more clothes, furniture, etc). Buying these bundles can cost up to £39.99 with the simple press of a couple of buttons.

Advice for Parents & Carers

Block and Report

Other players can be blocked by clicking on their in-game avatar, selecting their name and going to their profile. Blocking the player means they can't contact your child or be put in the same social space again. Players can be reported by repeating these steps but selecting 'Report' instead of 'Block'. Follow the on-screen prompts and your report will be assessed by a human member of the development team.

Warn about Strangers

Young people should not be communicating with strangers: that's as vital a lesson online as it is in real life. This game has a less-than-stellar reputation for attracting predators and scammers who prey on the innocence of younger players. Talk to teens about how not everyone online is who they claim, and make sure they know how to deal with such situations if they occur. Report, report, report!

Disable Payment Methods

It's easy to make an accidental purchase on mobile games like Avakin Life; children might not even realise they're spending actual money on in-game items. Ensure that whatever device your child is using to play doesn't have any credit cards or other payment options linked to it. If you do notice that money has been spent without your permission, the game's website states you can apply for a refund.

Download it Yourself

Avakin Life is a free download, so if your children use it or are talking about it, you could try it yourself: see how it works and if you feel it's safe. If you're not convinced, explain that to your child. Listen to what they think about the game; discuss alternatives that might be safer. If a device has parental controls that prevent age-restricted apps being downloaded, it's best to set them up as soon as possible.

Be Alert to Addiction

If you're worried your child might be addicted to an online game, it's vitally important to intervene before it's too late. A child may become irritable when not playing, lose interest in other hobbies and personal hygiene, and stop seeing friends or communicating with them outside the game. If you spot any of the symptoms of gaming addiction, it might be wise to limit (or stop) time on the game.

Meet Our Expert

Mark Foster has worked in the gaming industry for five years as a writer, editor and presenter. He is the gaming editor of two of the biggest gaming news sites in the world, UNILAD Gaming and GAMINGBible. Starting gaming from a young age with his siblings, he has a passion for understanding how games and tech work, but more importantly, how to make them safe and fun.



<https://www.common.sense.media.org/app-reviews/avakin-life/#e-reviews/adult>, <https://www.alertidoom.com/app-reviews-for-parents/avakin-life>, https://www.kidandsafety.org/game-reviews/-/asset_publisher/1019A2ASACVJoo/content/avakin-life?inheritRedirect=false, <https://avakin.com/player-safety/>, <https://hampshirecomms.nhs.uk/issue/gaming-addiction/>

NOS
National
Online
Safety®
#WakeUpWednesday

School Closure

In the event of an emergency school closure due to adverse weather conditions such as snow, you will be contacted by text service, so please make sure we have the correct contact details for you and any other carer. Information will also be posted on Class Dojo, Ladock School web-site and local radio stations—Radio Cornwall, Pirate FM and Heart FM.

If a child arrives at school, parents/carers will be informed as soon as possible and the pupil will be looked after until they are safely collected.

Should we need to close the school during the school day, messages will again go out on local radio stations and a text and Class Dojo message will be sent to all parents. Parents will be asked to collect their child as soon as possible, your child will be cared for until they are collected.

The logo for Young Minds, featuring the word "YOUNG" in yellow and "MINDS" in dark grey, with a small yellow dot above the 'i' in "MINDS".

Are you worried about your child's wellbeing? Are they feeling low, isolated, unmotivated? Maybe anxious or worried?

Young Minds are a charity who support the mental health of children and young people. They have created a useful 'Supporting Parents Help Finder' on their website. Parents who are concerned about the mental health of their children can answer six simple questions online; with the outcomes you submit, parents can find out how to support their child's mental health through helpful tips, blogs and specific guides. Find the help finder here: <https://youngminds.org.uk/supporting-parents-helpfinder/>

Please also remember that support is available from school. You can contact Mr Stoyles or Mrs Milling on 01726 882622 who will be able to provide advice & guidance.

Please find a link below with some useful Online Working tips

<https://drive.google.com/file/d/19HP9V4vPsjKdldj1WRQAaTRVPcDME0i6/view?usp=sharing>

Please find below the support organisations available on the county website:

<https://www.supportincornwall.org.uk/kb5/cornwall/directory/results.page?adultchannel=5-1>

The following web-site is very helpful, you can put in your details and it tells you about any advice/support services in your area based on your circumstances.



Supporting young people, and their families, with positive mental health.

We recognise that this time of national lockdown may be difficult for children and young people. How a child or young person reacts to being away from school, and their normal routine, may vary according to their age, understanding, their previous experience of lockdown and how they typically cope with stress. Addressing the mental health of your child, and those in your family, can be supported with some of the following resources:

- ♦ Public Health England have produced the following set of guidance for parents and carers:
<https://www.gov.uk/government/publications/covid-19-guidance-on-supporting-children-and-young-peoples-mental-health-and-wellbeing>
- ♦ Every Mind Matters: A website that explores expert advice and practical tips to help you look after your mental health and wellbeing:
<https://www.nhs.uk/oneyou/every-mind-matters/>

May we remind you that, if you have concerns about your child's wellbeing, or the wellbeing or safeguarding of another pupil, please contact the school immediately on 01726 882622 to speak to our Designated Safeguarding Leads – Mr Stoyles, Mrs Tringham or Mrs Milling.

Parents 4 Parents Cornwall

Are you a parent/carer of a child with additional needs or disabilities?

Do you attend meetings with schools, health services and organisations?

Do you lack confidence in attending these on your own and wish you had someone who could go with you?

Parents 4 Parents Cornwall will accompany you to important meetings, empowering you to ask the questions about your child's needs whether at schools, health, care providers, short breaks, etc.

Parents are trained in

- Understanding and supporting your needs
- Developing Education, Health and Care Plans
- Signposting

They are part of the Parent Carer Council for Cornwall, an independent organisation that enables parent carer voices to be heard through parent participation.

You can access Parents 4 Parents Cornwall and book a trained parent to accompany you to a meeting by calling **07591 019548**

Please try to give at least 10 days notice of a meeting taking place where you require support. You must have all of the details of the meeting to hand.

You will receive a confirmation of who will be accompanying you and they will meet you at the location of your meeting.

Please note trained parent supporters cannot take you to the meetings and you will need to organise your own transport.

To book support contact 07591 019548
infoparentcarercornwall@gmail.com

