**Pupil PE Questionnaire**

Please circle ONLY 1.

1. **Which best describes you in PE?**
2. I enjoy PE & look forward to it! I don’t need much help in lessons & I can do most tasks on my own.
3. I enjoy PE, however I need some help to do the tasks.
4. I don’t enjoy PE & struggle to complete the tasks asked of me.
5. **Do you feel confident in PE?**

YES / NO

If no, why not:

1. **Do you have a PE lesson every week?**

YES / NO

1. **Can you name any of the activities/sports that you have taken part in this year?**
2. **Can you name any skills you have learnt this year in PE? For example, catching/sprinting.**
3. **Are there any activities you would like to do in school during PE, that we don’t already do?**
4. **Does your class teacher do any movement breaks during the school day? For example, BBC Super movers, GoNoodle, Cosmic Yoga, Wake and Shake?**

YES / NO

1. **Do you know how many minutes of physical activity/exercise you should do each week?**
2. 10 minutes
3. 30 minutes
4. 60 minutes
5. No idea
6. **Do you enjoy physical activity at lunchtimes?**

YES / NO

1. **What activities do you do at lunchtimes?**
2. Running
3. Skipping
4. Football
5. Ball games
6. Balancing games
7. Other